



Consulate General of the United States of America

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INFORMATION ON MEDICAL EXAMINATIONS FOR IMMIGRANT AND K VISA APPLICANTS

PLEASE READ CAREFULLY

Every immigrant or K visa applicant, including children, regardless of age, must have a medical examination before a visa can be issued. Medical examinations may only be done by one of the specially-appointed panel physicians listed on the attached page. You may not have the examination done by your family physician or any other doctor not listed on the sheet of approved physicians.

Please telephone one of the designated physician's offices to arrange your medical exam. Please give the doctor the date of your immigrant visa appointment or explain that you are an immigrant or K visa applicant. The panel physician will advise you on the cost of the exam and tests.

After the medical examination, the panel physician will give you your medical exam results in a sealed envelope. **Please keep this envelope sealed.** On the day of your **visa appointment**, bring your X-ray and unopened medical report to the Consulate.

The medical examination

On the day of your **medical appointment**, bring your **passport or other photo identification, three photos, and your appointment letter** to the doctor's office, the radiologist, and the lab where your blood test will be taken.

The medical examination will include a medical history, physical examination, chest X-ray and blood tests for syphilis and HIV (Human Immunodeficiency Virus). The physical examination will include at a minimum examination of the eyes, ears, nose and throat, extremities, heart, lungs, abdomen, lymph nodes, skin and external genitalia. You may have the examination even if you are having your menstrual period. Children under 15 years of age do not routinely require a chest X-ray or blood tests.

NOTE: The medical examination is not a full and complete physical examination. Its purpose is to screen only for certain medical conditions relevant to U.S. immigration law. Although in the course of the examination, the panel physician might uncover other matters related to your health, the physician is not required to examine you for any conditions except those the U.S. Public Health Service specifies for U.S. immigration purposes, nor is the physician required to provide you with any diagnosis or treatment. As such, you should **not** consider this examination to be a substitute for a full physical examination, consultation, diagnosis or treatment by your primary health care provider

Notes for applicants with special medical conditions:

- United States Public Health Service regulations allow for an exemption of the chest x-ray requirement for **pregnant women**. If you are pregnant and do not wish to have the X-ray, a temporary exemption will be granted. To be granted the exemption, you must bring with you to your appointment written certification of your pregnancy signed by your personal physician or obstetrician.
- If you had **syphilis** you must present the panel doctor with a written certificate, signed by a doctor or public health official, proving that you were adequately treated. If you have ever had a positive VDRL or other blood test for syphilis and were not treated, please bring a written explanation signed by your doctor.
- If you have ever had a positive skin test for **tuberculosis**, please bring a certificate from your doctor, outlining the circumstances surrounding the positive tests result and, indicating what, if any, treatment you were prescribed and for how many months you took the treatment. If you have ever been diagnosed as suffering from tuberculosis, you must present a written certification, signed by your doctor, to prove that you were adequately treated. The certificate must include dates and types of medications taken. If you have ever had an abnormal chest X-ray, please arrange to borrow the last X-ray films taken of you and bring them to the medical appointment. The actual films, not the typed reports, may be required to compare with the X-rays that will be taken at the medical appointment.
- Applicants treated or hospitalized for **psychiatric or mental illness or alcohol or drug abuse** must present written certification, which must include the diagnosis, duration of treatment rendered, and prognosis.
- Applicants with **mental retardation or learning disabilities** must present a report outlining their problems and any special requirements as far as education or supervision that may be required.
- If you have had any **history of harmful or violent behavior** resulting in injury to people or animals, or harm to inanimate objects, you must provide information that will allow the doctors to determine if your behavior was related to any psychiatric or medical problem, or to drug or alcohol use. Harmful behavior includes attempted suicide or harm to yourself, no matter how minor in nature.
- Applicants being treated for **chronic medical problems, or those taking medications on a regular basis**, should be familiar with the medical conditions that they are suffering from, and the names of the medications they are taking. If you are not sure of the diagnoses, please have your doctor prepare a certificate outlining your problems, the current treatment, and prognosis. Please bring a list of any medications that you may be taking.

HIV NOTICE. As part of your examination, a blood test for the antibody to Human Immunodeficiency Virus (HIV) is required. The results of a positive test must be reported to the consular officer and to the appropriate Canadian public health authorities.

BOOKING YOUR MEDICAL EXAMINATION

Only the following physicians have been designated to perform a U.S. Immigration Medical

BRITISH COLUMBIA

Dr. Ian Morgan
Woking Medical Services
1144 Burrard St., Suite 250
Vancouver, BC V6Z 2A5
604-681-8873
www.wokingmedical.com

ONTARIO

Dr. Howard Seiden & Associates
Front-Frederick Health Services
145 Front Street East
Toronto, ON M5A 1E3
416-362-5603
1-866-362-5603
www.panelphysicians.com

QUEBEC

Medisys Health Group Inc.
500 Sherbrooke St., West #1100
Montreal, QC H3A 3C6
514-499-2777 ext. 3500
1-800-499-1394 ext. 3500

Dr. Howard Seiden & Associates
Plexo Inc.
5345 Blvd L'Assomption # 115
Montreal, QC H1T 4B3
1-866-362-5603
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